

# Hope School, College and Post 19 Provision Guidelines re: Covid – 19

## Advice and Guidelines to Parents

I think most of us will agree that given the potential risk to others individuals **should not** come into school if they are displaying any of the following symptoms:

- High temperature
- New continuous cough
- Loss or change of taste and/or smell

<p><b>If your child develops symptoms</b></p>	<p>They must isolate and arrange for a PCR test via <a href="https://www.gov.uk/guidance/coronavirus-covid-19-getting-tested">https://www.gov.uk/guidance/coronavirus-covid-19-getting-tested</a></p> <ul style="list-style-type: none"> <li>• If the test is <b>POSITIVE</b> your child will need to self-isolate for 10 days from the day that their symptoms started and please inform the office that they have a positive result.</li> <li>• If your child is <b>NEGATIVE</b> they can continue with normal activities if they are well enough to do so</li> </ul>
<p><b>Lateral Flow Testing</b></p>	<ul style="list-style-type: none"> <li>• We advise all pupils Year 7 and above to continue to use lateral flow test twice a week as per Government guidance.</li> <li>• Please let us know if you need additional tests for you to use at home.</li> </ul>
<p><b>If a member of your family has tested positive</b></p>	<ul style="list-style-type: none"> <li>• Your child is then classed as a close contact and you are advised to take your child for a PCR test. They will not need to isolate unless they have a POSITIVE PCR result.</li> <li>• If over 18 years 6 months and not fully vaccinated your son/daughter will need to isolate</li> </ul>
<p><b>If your child has been in contact with someone who has tested positive within the last 48 hours</b></p>	<ul style="list-style-type: none"> <li>• As above</li> </ul>
<p><b>If your child has been in contact with someone in school who has tested positive within the last 48 hours</b></p>	<ul style="list-style-type: none"> <li>• You will be contacted by school as soon as we have been made aware of a positive case</li> <li>• Your child is then classed as a close contact and you are advised to take your child for a PCR test. They will not need to isolate unless they have a POSITIVE PCR result</li> <li>• If your child is <b>NEGATIVE</b> they can continue with normal activities if they are well enough to do so and return to school/college/provision.</li> </ul>
<p><b>If your child is UNDER 5 YEARS OLD</b></p>	<ul style="list-style-type: none"> <li>• Children under 5 who are identified as close contacts will only be advised to take a PCR test if the positive case is in their own household</li> </ul>
<p><b>If a family member of a pupil in your class test positive</b></p>	<ul style="list-style-type: none"> <li>• Providing the pupil in your class is showing no symptoms and has been advised to take a PCR test and it is negative they can continue to attend school/college/provision as they are classed as secondary contacts</li> </ul>

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## Additional Information.

How to avoid catching and spreading coronavirus (COVID-19)

While there are cases of coronavirus (COVID-19) in the UK, there is a risk you can catch it or pass it on. You could still catch or spread it even if you're fully vaccinated or have had the virus before.

### How COVID-19 is spread

COVID-19 is spread through close contact with people who have the virus. People with the virus can spread it even if they do not have symptoms.

When someone with the virus breathes, speaks, coughs or sneezes, they release small droplets containing the virus.

You can catch COVID-19 if you breathe in these droplets or touch surfaces covered with droplets.

Information:

The risk of catching COVID-19 is highest indoors and in crowded places.

### Things you can do to help stop the spread of COVID-19

There are things you can do to reduce your risk of catching the virus or spreading it to other people.

#### DO

- get vaccinated – [find out how to book your COVID-19 vaccine](#)
- meet people outside if possible
- open doors and windows to let in fresh air if meeting people inside
- limit the number of people you meet and avoid crowded places
- wear a face covering when it's hard to stay away from other people – particularly indoors or in crowded places
- wash your hands with soap and water or use hand sanitiser regularly throughout the day

#### DON'T

- do not touch your eyes, nose or mouth if your hands are not clean

Information:

If you're at high risk from COVID-19

There is some extra [advice for people at high risk from COVID-19 \(clinically extremely vulnerable\)](#).

### Stay at home and get a test if you have symptoms

Stay at home and get a test as soon as possible if you have any symptoms of COVID-19:

- a high temperature
- a new, continuous cough
- a loss or change to your sense of smell or taste

You need a test that is sent to a lab, called a PCR test.